



FOOD DRIVE WISH LIST

Thank you for supporting SEMO Food Bank & our neighbors facing hunger! These are among our most-needed items:

CANNED FRUITS

peaches, pears, mixed, applesauce

CANNED VEGETABLES

green beans, corn, carrots, mixed

CANNED PROTEINS

fish, chicken, peanut butter, beans

GRAINS

rice, oatmeal, pasta

JUICE

all sizes & types, including juice boxes

SOUP

stew, chili, chicken noodle, etc.

CEREAL

cheerios, cornflakes, raisin bran

HOUSEHOLD ITEMS

paper products, cleaning supplies, etc.

SNACKS

crackers, dried fruit, granola bars, etc.

HYGIENE ITEMS

diapers, soap, toothpaste, etc.